

Thursday, April, 20

10:00-12:00 Registration. Welcome coffee break

12:00-15:00 FIRST SESSION

Mankovsky Borys (Ukraine) Multi-System Challenges in Diabetes

Kosiborod Michael (USA) New EASD-ADA guidelines, new trials – what happened last year?

Smirnov Ivan (Ukraine) A new approach for personalised medicine in type 2 diabetes: integrating multiple effects of a single drug

Sokolova Lubov (Ukraine) Molecular mechanisms underlying the secretion of incretin hormones

Rahelic Dario (Croatia) New Targets for Diabetes or Obesity-related Metabolic Diseases

Mozcovitch Evgeniy (Israel) Using genetics to understand the interaction between BMI and physical activity and risk of obesity and type 2 diabetes

Coffee break

15:30-18:30 SECOND SESSION

Perzeva Natalia (Ukraine) Progression of diabetic nephropathy: Prediction, promotion, prevention - and the pill

Urbanovitch Alina (Ukraine) A glucose-centric view on diabetes pathogenesis: from islet biology to integrated physiology and precision medicine

Groop Per-Henrik (Sweden) Lipids and diabetic nephropathy

Malevskiy Peter (Poland) The appraisal of a meta-analysis: looking at the effect of skipping breakfast on weight and calorie consumption

Mozcovitch Evgeniy (Israel) Insulin resistance: mechanisms, measurement and meaning

Bissels Jeert-Yan (Netherlands) Brain and metabolism

Friday, April, 21

9:00-13:00 Training session

Training session lasts 60 min, repeated twice

Workshop 1

The insulin formulations: how to best titrate and use it:

Prandial preparations. Basal preparations. Case presentation and discussion
(Lesya Mishenko, Ivan Smirnov)

Workshop 2

Starting Injectable Therapy - What is the evidence? Case presentation and discussion

(Vladimiras Petrenko (Lithvenia), Rasa Verkauskene (Lithvenia))

Workshop 3

Randomised controlled trial - looking at the effect of SGLT inhibitors on cardiovascular outcomes. Case presentation and discussion

(Martin Haluzík (Czech Republic), Cherenko Maria)

Workshop 4

Obesity and treatment challenges – a game changer for D & CVD? Case presentation and discussion

(Natalia Samoilenko, Georgadze Elena (Georgia))

13:00-14:00 Lunch

14:00-16:00 THIRD SESSION

Petrenko Vladimiras (Lithvenia) Diabetes treatment for older patients

Lutay Yaroslav

Cardiovascular risks in diabetes

Oleg Irkin

Epigenetic changes, oxidative stress and CV damage in Diabetes

Mozcovitch Evgeniy (Israel)

Outlook to the next 100 years of insulin: Innovative insulin delivery and monitoring systems

Coffee break

16:30-18:30 FOURTH SESSION

Martin Haluzík (Czech Republic) The tragedy and challenge of diabetic neuropathy

Dimitris Pournaras (Great Britain) A dietary intervention to alter insulin sensitivity and body weight

Lubov Sokolova

Fixed Ratio Combination: Insulin preparations – getting better

Yana Saenko
to a diet

Obesity management-- Changes in gut microbiota in response

Maria Cherenko

The dawn of CV risk reduction in type 2 diabetes

Saturday, April, 22, 2023

09:00-11:00 FIFTH SESSION

Evgen Marushko Glucose Management Indicator (GMI) and HA1C in T1DM & T2DM – equal or different? The recent evidence

Leszek Czupryniak (Poland) T-cells and stress - novel regulators of obesity development

Martin Haluzík (Czech Republic) Diabetes in an ageing society – the role of multimorbidity

Alina Urbanovits 5 years of SGLT2i CV outcome trials

Coffee break

11:30-13:30 SIXTH SESSION

Boris Draznin The new face of diabetes

Ivan Smirnov Leveraging technology for better care of older people with Diabetes

Michailo Oros Screening of general population – Current status around the world

Boris Mankovsky A world free of type 2 diabetes- Is it doable?

Panel Discussion – All the speakers with the audience

