

## PRELIMINARY PROGRAM

«Actual Questions of Contemporary Diabetology - 2024»  
Odessa, April, 25-27, 2024

Thursday, 25, April, 10:00-18:00

Friday, April, 26, 9:00-18:30

Saturday, April, 27, 2024, 09:00-14:00

Main Conference Hall, Hotel Premier Odessa, 32 Academicheskaya st.

### PROGRAM

Thursday, 25, April, 10:00-18:00

10:00-12:00 Registration. Welcome coffee break

**12:00-14:45 FIRST SESSION:** Diabetes Care nowadays

**Chairpersons:** *Mankovsky Borys, MD, PhD, Prof., P.L. Shupyk National Medical Academy of Postgraduate Education, Ukrainian Diabetology Association, Draznin Boris (USA), MD, PhD, Prof., Director of the Adult Diabetes Program and the Celeste and Jack Grynberg Professor of Medicine at the University of Colorado, Denver*

**Moderator:** *Mankovsky Borys, MD, PhD, Prof., P.L. Shupyk National Medical Academy of Postgraduate Education, Ukrainian Diabetology Association*

12:00-12:30 *Mankovsky Borys, P.L. Shupyk National Medical Academy of Postgraduate Education, Ukrainian Diabetology Association*

Current clinical practice recommendations in diabetes

12:30-13:05 *Draznin Boris (USA), MD, PhD, Prof., Director of the Adult Diabetes Program and the Celeste and Jack Grynberg Professor of Medicine at the University of Colorado, Denver*

Diabetes and Population Health

13:05-13:35 *Smirnov Ivan, MD, PhD, Kharkiv Central Hospital, Head of the Department of Endocrinology*  
Improving Care and Promoting Health in Populations with Diabetes in War Zone

13:35-14:05 *Draznin Boris (USA), MD, PhD, Prof., Director of the Adult Diabetes Program and the Celeste and Jack Grynberg Professor of Medicine at the University of Colorado, Denver*

Updates to the Standards of Care in 2024

14:05-14:45 *Yana Saenko, MD, PhD, Cardiac Center, Ukrainian Diabetology Association*

Stay at the forefront of diabetes care despite of russian aggression

14:45-15:00 Coffee break

**15:00-18:00 SECOND SESSION:** Diabetes complication

**Chairpersons:** *Pierre Lewis (Switzerland), MD, PhD, Medical School, University of Zurich, Switzerland Aleksandr Parhomenko, MD, PhD, Prof., Institute of Cardiology, Head of Cardio Intensive Care Department*

**Moderator:** *Aleksandr Parhomenko, MD, PhD, Prof., Institute of Cardiology, Head of Cardio Intensive Care Department*

15:00-15:30 *Pierre Lewis (Switzerland), MD, PhD, Medical School, University of Zurich, Switzerland*  
Diabetes and cardiovascular disease

15:30-16:00 *Vit Neuman (Czech Republic), MD, PhD, Prof., Charles University in Prague, Department of Paediatrics*  
Children with diabetes type 1 evacuated to Czech Republic During the War: clinical study

16:00-16:30 *Aleksandr Parhomenko, MD, PhD, Prof., Institute of Cardiology, Head of Cardio Intensive Care Department*  
Risk of heart failure among people with type 2 diabetes

16:30-17:00 *Evgeniy Mozcovitch (Israel), MD, PhD, Prof., Director of Endocrinology and Diabetes Unit, Asuta Medical center, Tel Aviv, Israel, Unit of Endocrinology and Metabolism, Sapir Medical Center, Kfar-Saba, Israel*  
How people with type 2 diabetes first present with CVD

17:00-17:30 *Anna Garnitskaya, MD, PhD, P.L. Shupyk National Medical Academy of Postgraduate Education, Ukrainian Diabetology Association,*  
Current data on CVD risk and type 2 diabetes

17:30-18:00 *Evgen Marushko, MD, PhD, Cardio Center, Ukrainian Diabetology Association*  
Pathophysiologic mechanisms of CVD in diabetes

## **Friday, April, 26, 9:00-18:30**

9:00-13:00 **NOTE!** *Training sessions held simultaneously in two different conference rooms, participants divided into two groups. Each workshop lasts 60 min, repeated twice.*

9:00-13:00 **Hall 1. Training session. Chairpersons:** *Evgeniy Mozcovitch (Israel), MD, PhD, Prof., Director of Endocrinology and Diabetes Unit, Asuta Medical center, Tel Aviv, Israel, Unit of Endocrinology and Metabolism, Sapir Medical Center, Kfar-Saba, Israel*  
*Aleksandr Parhomenko, MD, PhD, Prof., Institute of Cardiology, Head of Cardio Intensive Care Department*

**Moderator:** *Aleksandr Parhomenko, MD, PhD, Prof., Institute of Cardiology, Head of Cardio Intensive Care Department*

9:00-10:00 **Workshop 1** Major cardiovascular outcomes in people with type 1 diabetes  
*Natalia Pertzeva, MD, PhD, Prof., Dnepropetrovsk Medical Academy, Ukrainian Diabetology Association*  
*Ivan Smirnov*

10:00-11:00 **Workshop 2** Major cardiovascular outcomes in people with type 2 diabetes  
*Yana Saenko, MD, PhD, Cardiac Center, Ukrainian Diabetology Association; Evgen Marushko, MD, PhD, Cardiac Center, Ukrainian Diabetology Association*

11:00-12:00 **Workshop 3** Testing for epigenetic modifications in type 2 diabetes  
*Irina Kostitskaya, MD, PhD, Prof., Ivano-Frankovsk National Medical University, Chair of Endocrinology*  
*Alina Urbanovitch*

12:00-13:00 **Workshop 4** Time in range - a new concept in glycaemic management  
*Olga Ozeryanskaya, MD, PhD, Cardiac Center, Ukrainian Diabetology Association, Ulia Komissarenko*

9:00-13:00 **Hall 2. Training session. Chairpersons:** *Mankovsky Borys, MD, PhD, Prof., P.L. Shupyk National Medical Academy of Postgraduate Education, Ukrainian Diabetology Association, Draznin Boris (USA), MD, PhD, Prof. Director of the Adult Diabetes Program and the Celeste and Jack Grynberg Professor of Medicine at the University of Colorado, Denver*

**Moderator:** *Mankovsky Borys, MD, PhD, Prof., P.L. Shupyk National Medical Academy of Postgraduate Education, Ukrainian Diabetology Association*

9:00-10:00 **Workshop 1** Time in range - a new concept in glycaemic management

*Olga Ozeryanskaya, MD, PhD, Cardiac Center, Ukrainian Diabetology Association*

*Ulia Komissarenko, MD, PhD, Prof., Kyiv National Medical University, Chair of Endocrinology*

10:00-11:00 **Workshop 2** Testing for epigenetic modifications in type 2 diabetes

*Irina Kostitskaya, MD, PhD, Prof., Ivano-Frankovsk National Medical University, Chair of Endocrinology*

*Alina Urbanovitch, MD, PhD, Prof., Danylo Halytsky Lviv National Medical University, Ukrainian Diabetology Association*

11:00-12:00 **Workshop 3** Major cardiovascular outcomes in people with type 1 diabetes

*Natalia Perzeva, MD, PhD, Prof., Dnepropetrovsk Medical Academy, Ukrainian Diabetology Association*

*Ivan Smirnov, MD, PhD, Kharkiv Central Hospital, Head of the Department of Endocrinology*

12:00-13:00 **Workshop 4** Major cardiovascular outcomes in people with type 2 diabetes

*Yana Saenko, MD, PhD, Cardiac Center, Ukrainian Diabetology Association*

*Evgen Marushko, MD, PhD, Cardio Center, Ukrainian Diabetology Association*

13:00-14:00 Lunch

14:00-16:00 **THIRD SESSION: Diabetes and the Kidney**

**Chairpersons:** *Illia Emetz, MD, PhD, Prof., Cardio Center, Ukrainian Diabetology Association,*

*Natalia Pertseva, MD, PhD, Prof., Dnepropetrovsk Medical Academy,*

*Ukrainian Diabetology Association*

**Moderator:** *Natalia Pertseva, MD, PhD, Prof., Dnepropetrovsk Medical Academy, Ukrainian Diabetology Association*

14:00-14:30 *Elena Giorgadze (Georgia), MD, PhD, Prof., National Institute of Endocrinology, Tbilisi, Georgia*

Overview of diabetes and the kidney

14:30-15:00 *Vladimiras Petrenko (Lithuania), MD, PhD, Diabetologist, Endocrinology department of Kaunas University hospital, Lithuania. President of Lithuanian Diabetes Medical Association*

The later stages of diabetic kidney disease – prevention, delay and management

15:00-15:30 *Evgeniy Mozcovitch (Israel), MD, PhD, Prof., Director of Endocrinology and Diabetes Unit, Asuta Medical center, Tel Aviv, Israel, Unit of Endocrinology and Metabolism, Sapir Medical Center, Kfar-Saba, Israel*

What happens in the later stages of kidney disease?

15:30-16:00 *Boris Mankovsky, MD, PhD, Prof., P.L. Shupyk National Medical Academy of Postgraduate Education, Ukrainian Diabetology Association*

Future of diabetic research

16:00-16:30 Coffee break

16:30-18:30 **FOURTH SESSION: Hypoglycemic treatment.**

**Chairpersons:** *Vladimiras Petrenko (Lithuania), MD, PhD, Diabetologist, Endocrinology department of Kaunas University hospital, Lithuania. President of Lithuanian Diabetes Medical Association*

*Elena Giorgadze (Georgia), MD, PhD, Prof., National Institute of Endocrinology, Tbilisi, Georgia*

**Moderator:** *Elena Giorgadze, MD, PhD, Prof. National Institute of Endocrinology, Tbilisi, Georgia*

16:30-17:00 *Tomash Clupa (Poland), MD, PhD, Prof., Jagiellonian University, Chair of Metabolic Diseases*

Understanding GLP-1 receptor agonists and their modes of action

17:00-17:30 *Ivan Smirnov, MD, PhD, Kharkiv Central Hospital, Head of the Department of Endocrinology*  
Metabolic surgery for obesity and type 2 diabetes

17:30-18:00 *Irina Kostitskaya, MD, PhD, Prof., Ivano-Frankovsk National Medical University, Chair of Endocrinology*  
Therapeutic inertia in type 2 diabetes

18:00-18:30 *Yana Saenko, MD, PhD, Cardiac Center, Ukrainian Diabetology Association*  
Diabetes in an ageing society - the role of multimorbidity

## **Saturday, April, 27, 2024, 09:00-14:00**

09:00-11:00 **FIFTH SESSION: Actual aspects of diagnosis and treatment of diabetes**

**Chairpersons:** *Ivan Smirnov, MD, PhD, Kharkiv Central Hospital, Head of the Department of Endocrinology*     *Elena Giorgadze (Georgia), MD, PhD, Prof., National Institute of Endocrinology, Tbilisi, Georgia*

**Moderator:** *Ivan Smirnov, MD, PhD, Kharkiv Central Hospital, Head of the Department of Endocrinology*

09:00-9:30             *Illia Emetz, Prof., MD, PhD, Cardio Center, Ukrainian Diabetology Association*  
The benefits of early tight glycaemic control

09:30-10:00          *Ulia Komissarenko, MD, PhD, Prof., Kyiv National Medical University, Chair of Endocrinology*  
Solutions to therapeutic inertia

10:00-10:30         *Alina Urbanovitch, MD, PhD, Prof., Danylo Halytsky Lviv National Medical University, Ukrainian Diabetology Association*  
Screening and diagnosis of painful diabetic neuropathy

10:30-11:00         *Boris Mankovsky, MD, PhD, Prof., P.L. Shupyk National Medical Academy of Postgraduate Education, Ukrainian Diabetology Association*  
Innovations in screening for DPN

11:00-11:30         *Coffee break*

11:30-14:00 **SIXTH SESSION: Diabetes – arising problems**

**Chairpersons:** *Vladimiras Petrenko (Lithuania), MD, PhD, Diabetologist, Endocrinology department of Kaunas University hospital, Lithuania. President of Lithuanian Diabetes Medical Association*

*Boris Mankovsky, MD, PhD, Prof., P.L. Shupyk National Medical Academy of Postgraduate Education, Ukrainian Diabetology Association*

**Moderator:** *Boris Mankovsky, MD, PhD, Prof., P.L. Shupyk National Medical Academy of Postgraduate Education, Ukrainian Diabetology Association*

11:30-12:00         *Tomach Clupa (Poland), MD, PhD, Prof., Jagiellonian University, Chair of Metabolic Diseases*  
Adjunct therapies

12:00-12:30         *Yana Saenko, MD, PhD, Cardiac Center, Ukrainian Diabetology Association*  
Epigenetics and the beta cell

12:30-13:00 *Ivan Smirnov, MD, PhD, Kharkiv Central Hospital, Head of the Department of Endocrinology*  
Benefits of technologies in type 1 diabetes

13:00-13:30 *Michailo Oros , MD, PhD, Prof., Uzgorod National University, Chair of Neurology and Neurosurgery*

The benefits of early tight glycaemic control

13:30-14:00 *Alina Urbanovitch, MD, PhD, Prof., Danylo Halytsky Lviv National Medical University, Ukrainian Diabetology Association*

What is the epigenome?

#### **14:00 CLOSING CEREMONY**

**Short closing remarks:** *Boris Mankovsky, MD, PhD, Prof., P.L. Shupyk National Medical Academy of Postgraduate Education, Ukrainian Diabetology Association*